















Monday

Tuesday

Wednesday

Friday

STREET FOOD SAY

ORIGINALS BAY

PLANET EARTH BAY

Thursday

FRISAY FAVOURITES

Minced Beef and Potato Pie Halal Option Available

Chicken Burger Halal Option Available

Roast Gammon

Margherita Pizza

Oven Baked **Breaded Fish Fingers**

Shepherdess Pie

Carbohydrates

Vegetables

Cheese & Tomato Quesadilla

Roasted Quorn Fillet, **Tomato Gravy**

Pasta Primavera

Quorn Nuggets

PLANT

Creamy Mashed Potato 👸

Homemade Wedges

Roasted Potatoes

Red Onion Focaccia Slice

Oven Baked Chips

Roasted Carrots

Spiced Green Beans

Roasted Winter Vegetables

Sweetcorn

Garden Peas **Baked Beans**

HOT Cheese & Ham Baguette

HOT Chicken Baguette

HOT Roast Gammon **Baguette**

HOT Cheese & Tomato Baguette

HOT Fish Finger Baguette

Iced Carrot Cake

Flapjack 🍖

Plum Pudding Cake 💟

Jelly Crunch Pot

Vanilla Ice Cream

Selection of Yoghurts, Fruit,

Selection of Yoghurts Fruit.

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AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



Future 50 Contains one or more of the top 50 most sustainable foods in the world!









For allergen content please speak to member of staff who will be happy to assist













Monday

Tuesday

Wednesday **Thursday**

Friday

WORLS FOOT SAY

PLANET EARTH BAY

ORIGINALS SAY

STREET FOOD SAY

FRIBAY FAVOURITES

Meatballs Halal Option Available

Macaroni Cheese

Chicken or Pork Sausage Halal Option Available

Chicken Schwarma Flatbread Halal Option Available

Oven Baked Breaded Fish

Roasted Vegetable Tart

Chickpea and Coconut Curry with Rice



Vegan Sausage & Gravy

Vegetable and Mozzarella Traybake

Vegan Katsu with Chips



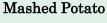
PLANT



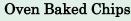
Tomato Pasta

Garlic and Parsley Bread

Stir Fry Vegetables



Braised Rice



Carbohydrates

Braised Red Cabbage

HOT Cheese & **Tomato Baguette HOT Meatball Baguette**

Fresh Carrots and Cabbage

HOT Sausage Baguette

Roasted Cauliflower

HOT Chicken Baguette

Garden Peas **Baked Beans**

HOT Fish Finger Baguette

Ginger Cake Selection of Yoghurts, Fruit.

Apple Shortbread Selection of Yoghurts, Fruit.

Berry Crumble Travbake Selection of Yoghurts, Fruit.

Chocolate and Beetroo Cake Selection of Yoghurts, Fruit.

Carrot and Apple Muffin Selection of Yoghurts, Fruit.

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Wednesday **Thursday**

Friday

STREET FOOD BAY

ORIGINALS SAY

PLANET EARTH BAY

FRIBAY FAVOUR/TES

Meat Feast Pizza Halal Option Available

Pasta Bolognaise Halal Option Available

Roast Chicken Halal Option Available Roasted Tomato and Pesto Pasta

Oven Baked Breaded Fish Fingers

Sweet Potato and White Bean Calzone Pizza

Barley and Vegetable Risotto

Mediterranean Gnocchi Bake

Vegetarian Sausage and Bean Hot Pot

Cheese & Tomato Pinwheel



Carbohydrates

Homemade Potato

Wedges



PLANT#

Garlic and Red Onion Focaccia Slice

Roast Potatoes

Baked Half Jacket Potato

Oven Baked Chips



Roasted Sweetcorn

HOT Meat Feast Baguette

Panzanella Salad Mixed salad, Croutons & Dressing

HOT Cheese & Ham **Baguette**

Roasted Carrots and Steamed Greens

HOT Roast Chicken Baguette

Braised Peas

HOT Cheese & Tomato Baguette

Garden Peas **Baked Beans**

HOT Fish Finger Baguette

Custard Tart Selection of Yoghurt Fruit,

Cherry Cinnamon Pudding Selection of Yoghurts, Fruit.

Shortbread of the Day Selection of Yoghurts, Fruit,

Sticky Orange Cake Selection of Yoghurtin Fruit,

Chocolate Pots Selection of Yoghuru, Fruit,

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